

IMPACTFUL FUTURE

Pop-Up Market - Enterprise Development:

Community CARES will host regular pop-up markets creating opportunities for young entrepreneurs to promote and sell their goods and services. We are seeking partners to offer workshops, mentoring and other supports to young entrepreneurs as they start and expand their businesses.

Community Kitchen and Cafe is an emerging social enterprise that helps strengthen community ties among people of all walks of life. This informal gathering place hosts community conversations, story-telling, small group learning, and celebrations.

It is a supportive environment to learn cooking and nutrition skills, prepare and enjoy nutritious food. A welcoming home for food security programs including **Stone Soup**.

Beat the Street utilizes the kitchen and cafe for tutoring and learning. The space offers a flexible environment suitable for hands on skills development and work experience in the food service sector.

It will also provide "incubator space", with equipment and facilities for young entrepreneurs operating small food enterprises.

Vital Signs Project:

A comprehensive participatory research project that examines 6 inter-connected issue areas considered critical to the well-being of young people and young families. The project will be led by local young people, with support from the Community Foundation of Nova Scotia, CCYO, and other local agencies



IMPACT

Verb

/im pakt/ : to have a strong effect on someone or something.



Small seeds
grow
big life.

By investing in the lives of young people, they have the opportunity to grow in their potential, refocus their lives, and impact the world. If you would like to make a difference, please consider giving to Community CARES Youth Outreach. Your gift will make a positive impact on the lives of young people and young families in Cape Breton.

In partnership with



Community CARES Youth Outreach



IMPACT SPONSORING

CONTACT US:

Community CARES
Youth Outreach
P.O. Box 117
55 King Street
Sydney Mines, NS
B1V 2Y4
902-544-0049

www.communitycares.ca

www.facebook.com/communitycaresyouthoutreach

CCYO IMPACT PROGRAMS

Our vision is a community that cares deeply about all young people and young families — a community where young people have many reasons to feel worthy of a good life, to remain hopeful and to "pay it forward." After 16 years of front-line work, Community CARES remains rooted in this vision, and committed to mission.



STONE SOUP

Our Stone Soup Club improves social supports for children, and enhances community partnerships around food security for families, including low income families. Children experience the yumminess of healthy eating, the fun of cooking and regular physical activity, and the joy of serving others. They explore their community, plant vegetables, prepare and take home meals for their families, and host regular family suppers.

BEAT THE STREET

A community-based entry point for young people seeking opportunities to enhance their confidence and skills as life-long learners, employees, and leaders. Beat the Street responds to the complex needs of diverse young people, including those who are homeless or marginally housed. Trained volunteer tutors meet individuals where they are, and assist them in preparing to meet GED requirements. Participants are encouraged to participate in service projects, food programs, and art events. There are also opportunities to participate in community events organized to address homelessness, addiction, health/wellness, poverty, and employability.



PAY IT FORWARD OUTREACH

The Outreach Centre provides support to disadvantaged young people by connecting them to the resources and assistance they need to overcome barriers and challenges. With assistance from staff and volunteers, an individual has the opportunity to take the first steps in important life changes.

The community cupboard provides a variety of basic necessities to those who have exhausted other avenues. This includes personal care items, baby needs, essential household items, and work-appropriate and seasonal clothing.

Ryan's Hope events: - Ryan Gillis continues to inspire the community to "Love Life and Live Clean". To share his powerful message we host art shows, video events and community dialogues..



IMPACT SOMEONE'S FUTURE TODAY

Tax receipts will be issued for donations over \$25. Please fill in the information below and return with check to:

Community CARES Youth Outreach
P.O. Box 117
Sydney Mines, NS B1V 2Y4

Make checks payable to:

New Dawn Community Development
Educational Foundation Inc.

Memo/ Community CARES

YOUR INFORMATION

Name: _____

Address: _____

City: _____ Prov: _____

Postal Code: _____ Phone: _____

Email: _____

Interested in receiving our newsletter? Y___ N___

To give with Visa or Mastercard visit:

[https://www.canadahelps.org/en/
charities/NewDawnFoundation/](https://www.canadahelps.org/en/charities/NewDawnFoundation/)

Select **Community CARES** in the Drop-Down Menu