



FREE ADMISSION



Health & Wellness Expo

PARKLAND CAPE BRETON

Wednesday, May 25, from 1 - 4 p.m.
Parkland Cape Breton | 118 Kenwood Drive, Sydney, N.S.

Join us for refreshments, live music and door prizes while exploring various health and wellness booths from around the community, including:

- Tours of Parkland Cape Breton
 - Blood pressure checks
 - Canadian Red Cross
 - Clinical Dietitian, Hamid Ferdowsi
 - Walker Adjustments from Lawton's Drugs
 - Hearing aid adjustments from MacLean Hearing
 - Learn about The Vial of Life program from VON
- ... and more!*

Interested in being a vendor?
Set up a booth for \$20, with 100% of proceeds going to Cape Breton Palliative Care.
Contact us book a table 902-549-2192

Connect with us to learn more
Linda Coleman 902-270-4765 or lcoleman@shannex.com



ParklandTM
RETIREMENT LIVING
CAPE BRETON

experienceparkland.com/capebreton